



Aroostook Civic Academy

JOIN US TO LEARN MORE ABOUT **AGING POLICY AND ADVOCACY**

Are you an Aroostook County resident 50+, and interested in advocating for aging issues? Would you like to learn how to affect change in your community in a free, 6-day course? We are offering the first Aroostook Civic Academy, and we want you to apply to be a part of it!

Each session will introduce you to aging policy and advocacy techniques that will give you the skills to make positive change. Apply to join our first group of Aroostook County adults, age 50+, and become an advocate and recognized leader for aging issues in your community.

The sessions will be held on the following dates and will cover these topics:

- **Wednesday, October 19, 2022** – Introduction to Civic Engagement and Skill-Building
- **Wednesday, October 26, 2022** – Engaging with City Government
- **Wednesday, November 2, 2022** – Engaging with Federal Government
- **Wednesday, November 9, 2022** – Engaging with County Government
- **Wednesday, November 16, 2022** – Engaging with State Government
- **Wednesday, November 30, 2022** – Closing/Connection to Advocacy Groups

Please fill out the attached application and submit by mail or e-mail to apply. Applications are due on **Friday, September 23, 2022, at 5:00 pm**. Applications submitted after the deadline or incomplete will not be considered for selection. Applications will be reviewed, and the participants will be notified by Friday, September 30, 2022.

MAIL OR DELIVER TO:

Aroostook Agency on Aging

ATTN: Judi Smith, Executive Assistant

260 Main Street, Suite B

Presque Isle, ME 04769

EMAIL: judi.smith@aroostookaging.org



Aroostook Civic Academy

FREQUENTLY ASKED QUESTIONS

What is Aroostook Civic Academy? This program is a 6-day intensive course to teach participants about aging policy and advocacy.

Who can apply to this program? Aroostook County residents over the age of 50, who are interested in aging, able to attend all six sessions, and complete the program application. Space is limited, so we will be evaluating applications and looking for a diverse group.

What can I look forward to gaining from this experience? You will hear from experts in the aging field, meet elected and appointed officials, learn the best way to navigate government institutions, and make new friends.

Do I have to attend all days of the course to participate? We expect that all attendees participate in the full program, because new topics are presented each day and build upon each other. Although in-person attendance is strongly encouraged, there will also be a “remote” participation option for each session.

What is the time commitment for this program? Our sessions will be held on six consecutive Wednesdays from 10:00 AM to 4:00 PM on the following dates:

- **Oct. 19, 2022** – Intro to Civic Engagement and Skill-Building, Agency on Aging office PI
- **Oct. 26, 2022** – Engaging with City Government, Higher Education Ctr, Houlton
- **Nov. 2, 2022** – Engaging with Federal Government, Agency on Aging office PI
- **Nov. 9, 2022** – Engaging with County Government, NMDC, Caribou
- **Nov. 16, 2022** – Engaging with State Government, UMFK, Fort Kent
- **Nov. 30, 2022** – Closing/Connection to Advocacy Groups, Agency on Aging office PI

Where is this program located? The locations and details will be included in welcome packet.

Will lunch/refreshments be provided? Yes, participants will enjoy lunch for each of the sessions.

Other Questions? Contact Judi Smith at the Aroostook Agency on Aging @ 207-764-3396/800-439-1789.